



Welcome to PE!

PE 1 / PE 2 Syllabus 2025-26
Washington-Liberty High School



Class Objectives

Students will develop an appreciation towards participation in physical activities for a lifetime of fitness. Students will be expected to gain knowledge in the following areas, for each unit taught: proper form and skills, scoring, positions, strategy, and safety procedures. Students will gain and demonstrate more specialized knowledge in identifying and applying key movement concepts and principles.

Program

As a graduation requirement, all students are required to pass two years of health & physical education. Health & PE I consists of two quarters of physical education (Q1 & Q2) and two quarters of Health in the classroom (Q3 & Q4).

Physical Education Dress Guidelines: For everyone's safety in physical education, students are **required** to wear sneakers and clothing that allows one to be physically active. Students should NOT wear attire, jewelry, or any accessories that impede safe participation in physical education activities. Students may be asked to wear special clothing depending on the activity (i.e., swimming, weight room, mat room, yoga). Students are not assessed on dressing down and instead are evaluated on their performance and knowledge in physical education; however, PE attire can directly impact those two components. **PE teachers have shorts/shirts/shoes available to loan to students if/when needed.**

In each quarter, the following will apply if a student does not participate (in addition to a reduction in points for that class period) without an approved excuse:

<i>1st offense - inquiry/warning from their PE teacher</i>	<i>3rd offense - after school detention and phone call home</i>
<i>2nd offense - lunch detention and phone call home</i>	<i>4th offense - referral to their administrator</i>

Cell Phone Policy

- Phones & earbuds must be off and put away in the Yondr pouch throughout the instructional day.
- Smart watches and other wearable devices may be worn, but features equivalent to those on a smartphone, including texting, phone calls, internet applications, and stored media are to be off when cellphone use is prohibited.
- [J-30 PIP-1 Student Use of Cell Phones and Personal Electronic Communication Devices](#)

Locks & Locker Room

Each student will be assigned a personal PE locker for storage. Students must use a Washington-Liberty PE issued combination lock (gray-faced) for use in the locker room. We encourage students to leave valuables at home. Lock all belongings, including cell phones and other technology, and do not leave things sitting out in the gym or locker room. Students are responsible for their own personal property. If the lock you are assigned is not returned, the cost is \$5.00.

Cell phone use is prohibited in the locker rooms and the gym. Students are required to leave their bookbags and other belongings in the locker room during class time.

Absences and Make-ups

According to APS School Board Policy Implementation Procedures 25-1.1 Attendance, "students forfeit daily class grades for all unexcused absences." Students entering class after warm-ups have begun will be marked tardy and will lose credit for warm-up activity already in progress. For **excused absences**, students can make up the credit lost by completing a PE make-up sheet from my office and handing it in within 10 days of the absence.

A student must be afforded the opportunity to retake or revise a summative assessment after remediation. This must be student initiated and completed within 10 school days of grade receipt. The teacher shall determine the type and timeframe of remediation and implementation of the retake or revision. Only the higher score on the summative assessment from the original or the retake or revision, will be used to calculate the student grade.

Late Work Policy: [*PIP I-7.2.3.34 PIP2](#)

Medical Excuses

A **written** excuse from a parent/guardian is required if a student is unable to participate in class due to medical reasons. Depending on the illness/injury, students may still be expected to dress out and the activity will be adapted to accommodate the student, or an alternative assignment will be provided. After **3 days of an injury or illness**, a doctor's note will be required for exemption from class participation.

Grading Policy - Reference: [APS PIP I-7.2.3.34 PIP-2 - Reporting Student Progress and Grades \(Secondary\)](#)

Student grades reflect student performance, participation, and effort; not student behavior. Students will be graded daily using a **5-point rubric per the 2 sections of class to receive a grade out of 10 points daily.**

(1) Exercise Activities - 5 points (2) Unit Activity - 5 points = 10 points

0 - was not present in the class.

1 - refrained from participating or demonstrating effort throughout the activity / did not apply teacher feedback

2 - extremely limited their participation & effort to less than half of the activity / did not apply teacher feedback

3 - participated & demonstrated partial effort in half of the activity / somewhat applied teacher feedback

4 - participated in most activities with 80% effort / accepted and applied teacher feedback

5 - participated & demonstrated 100% effort throughout the activity / accepted and applied teacher feedback

Cognitive and/or Skill Assessments may be conducted at the end of the unit through skills tests or written tests and will be graded in StudentVue as another daily class grade.. A study guide will be provided prior to the quiz date.

Final Exams

There is no Final Exam for this HPE 1 course.

Quarter Grades:

Daily Class Grades: 100%

Each quarter: 25% (2 quarters health* & 2 quarters PE)

*The Health portion of this course will be graded differently and will be addressed in the Health syllabus in SEM2.

APS Marking Period and Final Exam Grading Scale		
Letter Grade	Percentages	Quality Points
A	90 - 100	4.0
B+	87 - 89	3.5
B	80 - 86	3.0
C+	77 - 79	2.5
C	70 - 76	2.0
D+	67 - 69	1.5
D	60 - 66	1.0
E	0 - 59	0.0

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