



Washington-Liberty Rising 10th-12th Scheduling Night

January 7, 2026

W-L Counseling Team




2025 - 2026 Counselor Assignments

Search by: Last Name and Grade

Counselor	9th	10th	11th	12th
Dewey Cashwell dewey.cashwell@apsva.us	A-Be	A-Ba	A-Ba	A-Ba
Alain Poutre alain.poutre@apsva.us	Bf-Che	Bb-Ce	Bb-Col	Bb-Ca
Elizabeth "Lizzy" Palmer elizabeth.palmer@apsva.us	Chb-De	Cf-D	Com-Eq	Cb-Ed
Bridgette Wanzer bridgette.wanzer@apsva.us	Df-F	E-F	Er-Go	Gb-Ho
Alysha Damratowski alysa.damratowski@apsva.us	G	G	Gp-H	Ee-Ga
Atiya Rehman atiya.rehman@apsva.us	H-Kos	H-J	I-K	Hp-Kh
Jessica "Jessie" Osher jessica.osher2@apsva.us	Kp-Ma	K-L	L-Mc	Ki-Mal
Megan Grasso megan.grasso@apsva.us	Mb-Mz	M	Md-O	Mam-Mz
Regla Pérez-Pino regla.perezpino@apsva.us	N-Ra	N-Pi	P-Ro	N-Q
Erin Gagen erin.gagen@apsva.us	Rb-Si	Pj-Sa	Rof-So	R-Si
Nicole Low nicole.low@apsva.us	Sj-Va	Sb-T	Sp-V	Sm-V
Carolea "Tyler" Wynnyk carolea.wynnyk@apsva.us	Vb-Z	U-Z	W-Z	W-Z
Ronald Valdez (EL Level 1 & 2) ronald.valdez@apsva.us	A - G			
Irma Medrano (EL Level 1 & 2) irma.medrano@apsva.us	H - Z			
Elysse Catino, College and Career Counselor elysse.catino@apsva.us				

Graduation Requirements



Virginia Graduation Requirements

<u>Advanced Studies Diploma</u>	<u>Standard Diploma</u>
26 Total Credits	22 Total Credits
<ul style="list-style-type: none">• 4 English• 4 Math• 4 Science• 4 History & Social Sciences<ul style="list-style-type: none">◦ USVA History and USVA Government• 2 Health/PE<ul style="list-style-type: none">◦ CPR/AED/First Aid• 1 Economics and Personal Finance<ul style="list-style-type: none">◦ Satisfies Virtual Course requirement• 3 World Languages (or 2 of 2 languages)• 1 Fine Art (FA) or Career and Technology Education (CTE)• 3 Electives	<ul style="list-style-type: none">• 4 English• 3 Math• 3 Science• 3 History & Social Sciences<ul style="list-style-type: none">◦ USVA History and USVA Government• 2 Health/PE<ul style="list-style-type: none">◦ CPR/AED/First Aid• 1 Economics and Personal Finance<ul style="list-style-type: none">◦ Satisfies Virtual Course requirement• 4 electives<ul style="list-style-type: none">◦ 2 World Languages (WL), Fine Arts (FA), OR Career and Technology Education (CTE)
<ul style="list-style-type: none">• 5 Verified Credits (Math, Science, History, Reading, Writing)• At least one Sequential Elective• At least one Intensified, AP, IB, Dual Enrollment, Work Based Learning, or CTE Credential	

Potential Verified Credits

❖ Math

- Algebra 1, Geometry, Algebra II

❖ English

- English 11 reading, English 11 writing

❖ Social Studies

- Geography, WH II, Ancient, US/VA History

❖ Science

- Biology, Chemistry, Earth Science

AP, IB, and Dual Enrollment (DE)

- All students are encouraged to take at least one Advanced Placement (AP) or one International Baccalaureate (IB) course before they graduate.
- Both AP and IB level courses are college level curriculum and give the student an opportunity to earn college credit.
- Dual Enrollment (DE) - Courses are guaranteed college credit.
 - Earn college credit through Northern Virginia Community College while in high school.
 - Enrolled in both WL and NOVA .
 - NOVA College Career Ready Virginia Program (CCRV) –*new!*

SchooLinks Course Planner

The screenshot displays the SchooLinks Course Planner interface. At the top, the user is logged in as Denise Mendez. The main section shows the '2024 - 2025 Plan' with a 'NOT SUBMITTED' status. The plan is organized by grade level: 2022-2023 (9th grade), 2023-2024 (10th grade), 2024-2025 (11th grade), and 2025-2026 (12th grade). The current view is for the 2024-2025 plan, showing courses for English and Electives. The English section includes English I (ENG101), English II (ENG102), and English III (ENG103). The Electives section includes US History (HIST400), AP US Government (HIST403), French I (FRE100), Algebra I (MATH200), Algebra II (MATH202), Psychology (HIST406), AP Biology (SCI300H), AP Chemistry (SCI301H), AP Calculus AB (MATH205), Band (ART509), Bundle 1 (Bun-1), Bundle 2 (Bun-2), Accounting (ELEC100), and Creative Writing (ELC100). The interface also shows a sidebar with navigation options like Home, Student, Explore, Plan, Engage, Career, and College. At the bottom, there are status indicators for Credits (20/20 planned) and Requirements (2/2 met), along with a 'Submit plan' button and a deadline of 08/21/25.

SCHOOL
Course Planner

2024 - 2025 Plan ● NOT SUBMITTED

Planned School: SchooLinks High School
Graduation Plan: Basic Grad Plan

2022-2023 • 9th grade **4/5** **2023-2024** • 10th grade **4/5** **2024-2025** • 11th grade **4/5** **2025-2026** • 12th grade

English

- English I (ENG101) 1.0 / 1.0 credits ✓ | C
- English II (ENG102) 1.0 / 1.0 credits ✓ | C
- English III (ENG103) 1.0 / 1.0 credits ✓ | C

Electives

- US History (HIST400) 1.0 / 1.0 credits ✓ | C
- AP US Government (HIST403) 1.0 / 1.0 credits ✓ | C AP
- French I (FRE100) 1.0 / 1.0 credits | Grade pending
- Algebra I (MATH200) 1.0 / 1.0 credits ✓ | C
- Algebra II (MATH202) 1.0 / 1.0 credits ✓ | C
- Psychology (HIST406) 1.0 / 1.0 credits | Grade pending
- AP Biology (SCI300H) 1.0 / 1.0 credits ✓ | C AP
- AP Chemistry (SCI301H) 1.0 / 1.0 credits ✓ | C AP
- AP Calculus AB (MATH205) 1.0 / 1.0 credits | Grade pending AP

Next Year's Courses

- EL English IV (ENG104) 1.0 / 1.0 credits
Missing prerequisite
Select 3 more alternate
- Band (ART509) 1.0 / 1.0 credits
Missing prerequisite
- Bundle 1 (Bun-1) 0.5 / 0.5 credits
- Bundle 2 (Bun-2) 0.5 / 0.5 credits
Needs approval for your school
- Accounting (ELEC100) 1.0 / 1.0 credits
- Creative Writing (ELC100) 1.0 / 1.0 credits

Credits: 20/20 planned Requirements: 2/2 met Other Options

Student submission Due 08/21/25 Submit plan

APS Webinar

1/13/26 – 7:00p.m. High School

SchooLinks/Course Request Forms (CRFs)

- ❖ SchooLinks Course Planner is available -1/5/26.
- ❖ Student course plan form (CRF) available 1/8/26 -1/9/26.
- ❖ Student course plan locked by school counselor –February 2026.
- ❖ Parent/Guardian approves in student course plan.

SchooLinks Teacher Recommendations Process

- Teacher Recommendations:
 - Performance *not potential*
 - Snapshot of where student is *now*, will be reviewed in June.
 - Viewable in SchooLinks
- Math and World Language:
 - At least a “C” is recommended to move on to the next level.

Additional Resources

Canvas - Counseling course

- Videos and other resources for each grade level.

[Program of studies for Arlington Public Schools](#)

- Full course descriptions.

SchoolLinks

- Post-secondary planning tools.

Master Schedule – The Perfect Match for *ALL*

	Grade 9	Grade 10	Grade 11	Grade 12
Block 1	810	788	728	660
Block 2	810	788	728	660
Block 3	810	788	728	660
Block 4	810	788	728	660
Block 5	810	788	728	660
Block 6	810	788	728	660
Block 7	810	788	728	660



What to Expect

- ❖ Course planning tool provided to students January 16, 2026.
- ❖ Teacher recommendations will window January 19-30, 2026.
- ❖ One-on-one registration appointments February 2026.
- ❖ Finalize course selections June 18, 2026.
- ❖ Summer Assignments- check the WL website.
- ❖ August- Schedules available.



Questions & Answers

