



# Washington-Liberty Rising 10th-12th

## Scheduling Night

January 7, 2026

# W-L Counseling Team



## 2025 - 2026 Counselor Assignments

Search by: Last Name and Grade

Counselor	9th	10th	11th	12th
Dewey Cashwell <a href="mailto:dewey.cashwell@apsva.us">dewey.cashwell@apsva.us</a>	A-Be	A-Ba	A-Ba	A-Ba
Alain Poutre <a href="mailto:alain.poutre@apsva.us">alain.poutre@apsva.us</a>	Bf-Che	Bb-Ce	Bb-Col	Bb-Ca
Elizabeth "Lizzy" Palmer <a href="mailto:elizabeth.palmer@apsva.us">elizabeth.palmer@apsva.us</a>	Chb-De	Cf-D	Com-Eq	Cb-Ed
Bridgette Wanzer <a href="mailto:bridgette.wanzer@apsva.us">bridgette.wanzer@apsva.us</a>	Df-F	E-F	Er-Go	Gb-Ho
Alysha Damratowski <a href="mailto:alysha.damratowski@apsva.us">alysha.damratowski@apsva.us</a>	G	G	Gp-H	Ee-Ga
Atiya Rehman <a href="mailto:atiya.rehman@apsva.us">atiya.rehman@apsva.us</a>	H-Kos	H-J	I-K	Hp-Kh
Jessica "Jessie" Osher <a href="mailto:jessica.usher@apsva.us">jessica.usher@apsva.us</a>	Kp-Ma	K-L	L-Mc	Ki-Mal
Megan Grasso <a href="mailto:megan.grasso@apsva.us">megan.grasso@apsva.us</a>	Mb-Mz	M	Md-O	Mam-Mz
Regla Pérez-Pino <a href="mailto:regla.perezpino@apsva.us">regla.perezpino@apsva.us</a>	N-Ra	N-Pi	P-Ro	N-Q
Erin Gagen <a href="mailto:erin.gagen@apsva.us">erin.gagen@apsva.us</a>	Rb-Si	Pj-Sa	Rof-So	R-Si
Nicole Low <a href="mailto:nicole.low@apsva.us">nicole.low@apsva.us</a>	Sj-Va	Sb-T	Sp-V	Sm-V
Carolea "Tyler" Wynnky <a href="mailto:carolea.wynnyk@apsva.us">carolea.wynnyk@apsva.us</a>	Vb-Z	U-Z	W-Z	W-Z
Ronald Valdez (El. Level 1 & 2) <a href="mailto:ronald.valdez@apsva.us">ronald.valdez@apsva.us</a>	A - G			
Irma Medrano (El. Level 1 & 2) <a href="mailto:irma.medrano@apsva.us">irma.medrano@apsva.us</a>	H - Z			
Elysse Catino, College and Career Counselor <a href="mailto:elysse.catino@apsva.us">elysse.catino@apsva.us</a>				

# Graduation Requirements



**Virginia Graduation Requirements**

<b><u>Advanced Studies Diploma</u></b>	<b><u>Standard Diploma</u></b>
<b>26 Total Credits</b> <ul style="list-style-type: none"><li>• 4 English</li><li>• 4 Math</li><li>• 4 Science</li><li>• 4 History &amp; Social Sciences<ul style="list-style-type: none"><li>◦ USVA History and USVA Government</li></ul></li><li>• 2 Health/PE<ul style="list-style-type: none"><li>◦ CPR/AED/First Aid</li></ul></li><li>• 1 Economics and Personal Finance<ul style="list-style-type: none"><li>◦ Satisfies Virtual Course requirement</li></ul></li><li>• 3 World Languages (or 2 of 2 languages)</li><li>• 1 Fine Art (FA) or Career and Technology Education (CTE)</li><li>• 3 Electives<ul style="list-style-type: none"><li>◦ 5 Verified Credits (Math, Science, History, Reading, Writing)</li><li>◦ At least one Sequential Elective</li><li>◦ At least one Intensified, AP, IB, Dual Enrollment, Work Based Learning, or CTE Credential</li></ul></li></ul>	<b>22 Total Credits</b> <ul style="list-style-type: none"><li>• 4 English</li><li>• 3 Math</li><li>• 3 Science</li><li>• 3 History &amp; Social Sciences<ul style="list-style-type: none"><li>◦ USVA History and USVA Government</li></ul></li><li>• 2 Health/PE<ul style="list-style-type: none"><li>◦ CPR/AED/First Aid</li></ul></li><li>• 1 Economics and Personal Finance<ul style="list-style-type: none"><li>◦ Satisfies Virtual Course requirement</li></ul></li><li>• 4 electives<ul style="list-style-type: none"><li>◦ 2 World Languages (WL), Fine Arts (FA), OR Career and Technology Education (CTE)</li></ul></li></ul>

# Potential Verified Credits

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- ❖ Math
  - Algebra 1, Geometry, Algebra II
- ❖ English
  - English 11 reading, English 11 writing
- ❖ Social Studies
  - Geography, WH II, Ancient, US/VA History
- ❖ Science
  - Biology, Chemistry, Earth Science

# AP, IB, and Dual Enrollment (DE)

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- All students are encouraged to take at least one Advanced Placement (AP) or one International Baccalaureate (IB) course before they graduate.
- Both AP and IB level courses are college level curriculum and give the student an opportunity to earn college credit.
- Dual Enrollment (DE) - Courses are guaranteed college credit.
  - Earn college credit through Northern Virginia Community College while in high school.
  - Enrolled in both WL and NOVA .
  - NOVA College Career Ready Virginia Program (CCRV) –*new!*

# SchooLinks Course Planner

The screenshot shows the SchooLinks Course Planner interface. The left sidebar is yellow and contains icons for Home, Student, Explore, Plan, Engage, Career, and College. The main area is titled "SCHOOL Course Planner" and shows the "2024 - 2025 Plan" with a status of "NOT SUBMITTED". The plan includes a "Planned School" section for "SchooLinks High School" and "Graduation Plan" sections for "Basic Grad Plan". The course catalog is visible with sections for "2022-2023" (9th grade), "2023-2024" (10th grade), "2024-2025" (11th grade), and "2025-2026" (12th grade). The "NEXT YEAR'S COURSES" section is also shown. The "English" section lists "English I (ENG101)", "English II (ENG102)", and "English III (ENG103)". The "Electives" section lists "US History (HIST400)", "AP US Government (HIST403)", "French I (FRE100)", "Psychology (HIST406)", "Band (ART509)", "Bundle 1 (Bun-1)", "Bundle 2 (Bun-2)", "Accounting (ELEC100)", and "Creative Writing (EL)". The "Electives" section also includes "Algebra I (MATH200)", "Algebra II (MATH202)", "AP Biology (SCI300H)", "AP Chemistry (SCI301H)", and "AP Calculus AB (MATH205)". The bottom of the screen shows "Credits: 20/20 planned", "Requirements: 2/2 met", "Other Options", "Student submission Due 08/21/25", and "Submit plan" buttons.

**SCHOOL**  
**Course Planner**

**2024 - 2025 Plan** NOT SUBMITTED

Planned School  
SchooLinks High School

Graduation Plan  
Basic Grad Plan

Course Catalog →

2022-2023 • 9th grade 4/5

2023-2024 • 10th grade 4/5

2024-2025 • 11th grade 4/5

2025-2026 • 12th grade 4/5

**English**

English I (ENG101)  
1.0 / 1.0 credits ✓ | C

English II (ENG102)  
1.0 / 1.0 credits ✓ | C

English III (ENG103)  
1.0 / 1.0 credits ✓ | C

**Electives**

US History (HIST400)  
1.0 / 1.0 credits ✓ | C

AP US Government (HIST403)  
1.0 / 1.0 credits ✓ | C

French I (FRE100)  
1.0 / 1.0 credits ⓘ | Grade pending

Psychology (HIST406)  
1.0 / 1.0 credits ⓘ | Grade pending

Band (ART509)  
1.0 / 1.0 credits

Bundle 1 (Bun-1)  
0.5 / 0.5 credits

Bundle 2 (Bun-2)  
0.5 / 0.5 credits

Needs approval for your grade

Algebra I (MATH200)  
1.0 / 1.0 credits ✓ | C

Algebra II (MATH202)  
1.0 / 1.0 credits ✓ | C

AP Biology (SCI300H)  
1.0 / 1.0 credits ✓ | C

AP Chemistry (SCI301H)  
1.0 / 1.0 credits ✓ | C

AP Calculus AB (MATH205)  
1.0 / 1.0 credits ⓘ | Grade pending

**Comments**

Credits: 20/20 planned ⓘ Requirements: 2/2 met ⓘ Other Options

Student submission  
Due 08/21/25

Submit plan

APS Webinar

1/13/26 – 7:00p.m. High School

# SchooLinks/Course Request Forms (CRFs)

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- ❖ SchooLinks Course Planner is available -1/5/26.
- ❖ Student course plan form (CRF) available 1/8/26 -1/9/26.
- ❖ Student course plan locked by school counselor –February 2026.
- ❖ Parent/Guardian approves in student course plan.

# SchooLinks Teacher Recommendations Process

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- Teacher Recommendations:
  - Performance *not potential*
  - Snapshot of where student is *now*, will be reviewed in June.
  - Viewable in SchooLinks
- Math and World Language:
  - At least a “C” is recommended to move on to the next level.

# Additional Resources

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## Canvas - Counseling course

- Videos and other resources for each grade level.

## Program of studies for Arlington Public Schools

- Full course descriptions.

## SchooLinks

- Post-secondary planning tools.

# Master Schedule – The Perfect Match for *ALL*

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	Grade 9	Grade 10	Grade 11	Grade 12
Block 1	810	788	728	660
Block 2	810	788	728	660
Block 3	810	788	728	660
Block 4	810	788	728	660
Block 5	810	788	728	660
Block 6	810	788	728	660
Block 7	810	788	728	660



# What to Expect

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- ❖ Course planning tool provided to students January 16, 2026.
- ❖ Teacher recommendations will window January 19-30, 2026.
- ❖ One-on-one registration appointments February 2026.
- ❖ Finalize course selections June 18, 2026.
- ❖ Summer Assignments- check the WL website.
- ❖ August- Schedules available.



# Questions & Answers

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