Washington-Liberty Rising 10th-12th

Scheduling Night

January 7, 2026

W-L Counseling Team

2025 - 2026 Counselor Assignments

Search by: Last Name and Grade

Counselor	9th	10th	11th	12th
Dewey Cashwell dewey.cashwell@apsva.us	A-Be	A-Ba	A-Ba	A-Ba
Alain Poutre alain.poutre@apsva.us	Bf-Che	Bb-Ce	Bb-Col	Bb-Ca
Elizabeth "Lizzy" Palmer elizabeth.palmer@apsva.us	Chb-De	Cf-D	Com-Eq	Cb-Ed
Bridgette Wanzer bridgette.wanzer@apsva.us	Df-F	E-F	Er-Go	Gb-Ho
Alysha Damratowski alysha.damratowski@apsva.us	G	G	Gp-H	Ee-Ga
Atiya Rehman atiya.rehman@apsva.us	H-Kos	H-J	I-K	Hp-Kh
Jessica "Jessie" Osher jessica.osher2@apsva.us	Kp-Ma	K-L	L-Mc	Ki-Mal
Megan Grasso megan.grasso@apsva.us	Mb-Mz	M	Md-O	Mam-Mz
Regla Pérez-Pino regla.perezpino@apsva.us	N-Ra	N-Pi	P-Ro	N-Q
Erin Gagen erin.gagen@apsva.us	Rb-Si	Pj-Sa	Rof-So	R-Sl
Nicole Low nicole.low@apsva.us	Sj-Va	Sb-T	Sp-V	Sm-V
Carolea "Tyler" Wynnyk carolea.wynnyk@apsva.us	Vb-Z	U-Z	W-Z	W-Z
Ronald Valdez (EL Level 1 & 2) ronald.valdez@apsva.us	A - G			
Irma Medrano (EL Level 1 & 2) irma.medrano@apsva.us	H - Z			
Elysse Catino, College and Career Counselor elysse.catino@apsva.us				

Graduation Requirements

Virginia Graduation Requirements

Advanced Studies Diploma

26 Total Credits

- 4 English
- 4 Math
- 4 Science
- 4 History & Social Sciences
  - USVA History and USVA Government
- 2 Health/PE
  - CPR/AED/First Aid
- 1 Economics and Personal Finance
  - Satisfies Virtual Course requirement
- 3 World Languages (or 2 of 2 languages)
- 1 Fine Art (FA) or Career and Technology Education (CTE)
- 3 Electives

Standard Diploma

22 Total Credits

- 4 English
- 3 Math
- 3 Science
- 3 History & Social Sciences
  - USVA History and USVA Government
- 2 Health/PE
  - CPR/AED/First Aid
- 1 Economics and Personal Finance
  - Satisfies Virtual Course requirement
- 4 electives
  - 2 World Languages (WL), Fine Arts (FA), OR Career and Technology Education (CTE)

- 5 Verified Credits (Math, Science, History, Reading, Writing)
- At least one Sequential Elective
- At least one Intensified, AP, IB, Dual Enrollment, Work Based Learning, or CTE Credential

Potential Verified Credits

❖ Math
  ➢ Algebra 1, Geometry, Algebra II
❖ English
  ➢ English 11 reading, English 11 writing
❖ Social Studies
  ➢ Geography, WH II, Ancient, US/VA History
❖ Science
  ➢ Biology, Chemistry, Earth Science

AP, IB, and Dual Enrollment (DE)

- All students are encouraged to take at least one Advanced Placement (AP) or one International Baccalaureate (IB) course before they graduate.

- Both AP and IB level courses are college level curriculum and give the student an opportunity to earn college credit.

- Dual Enrollment (DE) - Courses are guaranteed college credit.
    - Earn college credit through Northern Virginia Community College while in high school.
    - Enrolled in both WL and NOVA .
    - NOVA College Career Ready Virginia Program (CCRV) *–new!*

SchooLinks Course Planner

APS Webinar
1/13/26 – 7:00p.m. High School

SchooLinks/Course Request Forms (CRFs)

❖ SchooLinks Course Planner is available -1/5/26.

❖ Student course plan form (CRF) available 1/8/26 -1/9/26.

❖ Student course plan locked by school counselor –February 2026.

❖ Parent/Guardian approves in student course plan.

SchooLinks Teacher Recommendations Process

- Teacher Recommendations:
  - Performance *not potential*
  - Snapshot of where student is *now*, will be reviewed in June.
  - Viewable in SchooLinks

- Math and World Language:
  - At least a "C" is recommended to move on to the next level.

Additional Resources

Canvas - Counseling course

- Videos and other resources for each grade level.

Program of studies for Arlington Public Schools

- Full course descriptions.

SchooLinks

- Post-secondary planning tools.

Master Schedule – The Perfect Match for *ALL*

	Grade 9	Grade 10	Grade 11	Grade 12
Block 1	810	788	728	660
Block 2	810	788	728	660
Block 3	810	788	728	660
Block 4	810	788	728	660
Block 5	810	788	728	660
Block 6	810	788	728	660
Block 7	810	788	728	660

What to Expect

❖ Course planning tool provided to students January 16, 2026.

❖ Teacher recommendations will window January 19-30, 2026.

❖ One-on-one registration appointments February 2026.

❖ Finalize course selections June 18, 2026.

❖ Summer Assignments- check the WL website.

❖ August- Schedules available.

Questions & Answers