

Post-Secondary Planning

*Washington-Liberty High School
Counseling
January 22, 2026*



Who is My Counselor?



Dara Williams
Director



Dewey Cashwell
10th: A-Ba
11th: A-Ba



Alain Poutre
10th: Bb-Ce
11th: Bb-ol



Lizzy Palmer
10th: Cf-D
11th: Com-Eqo



Bridgette Wanzer
10th: E-F
11th: Er-Go



Jessie Osher
10th: K-L
11th: L-Mc



Megan Grasso
10th: M
11th: Md-O



Regla Perez Pino
10th: N-Pi
11th: P-Ro

Who is My Counselor?



Atiya Rehman
10th: H-J
11th: I-K



Erin Gagen
10th: Pj-Sa
11th: Rof-So



Nicole Low
10th: Sb-Tl
11th: Sp-V



Alysha Damratowski
10th: G
11th: Gp-H



Tyler Wynnyk
10th: Trj-Z
11th: Vid-Z



Ronald Valdez
EL Counselor
A-G



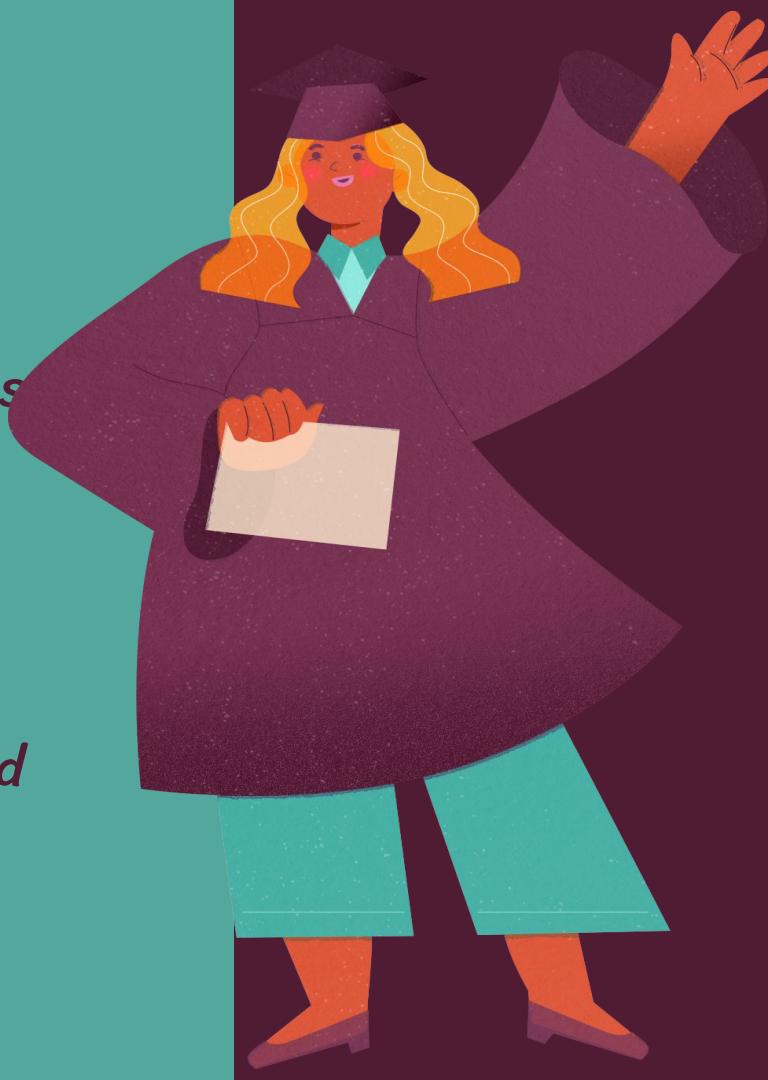
Irma Medrano
EL Counselor
H-Z



Elysse Catino
College and Career

Upcoming Events

- *January 16: Electives Fair (all lunches)*
- *January 22-27 : Quarter 2 Assessments*
- *January 29 : End of Quarter 2*
- *January 29: Activities Fair*
- *Mid-February: Course selection due and Academic Advising*





Brief Overview

- *Introduction*
- *SchooLinks*
- *Prepping for Success*
- *Testing*
- *Junior Year*
- *Senior Year: What to Expect*
- *Additional Options*



SchoolLinks



SchooLinks

College & Career
Platform

- *Career Exploration*
- *College Search*
- *College Profile*



SchooLinks

College & Career
Platform



*QR Code to APS SchooLinks
Resource page*





Here's what's happening 📅

Check out this Scholarship!

Major Randall Diaz, FLWG Group 6

Scholarship

Deadline: January 15, 2026

Civil Air Patrol, USAF Auxiliary

What advice would you give a student in high school who might want to become a registered nurse?



Registered Nurse
JOCELYN WILTZ

622

What is the nursing schedule like?



Registered Nurse
JOCELYN WILTZ

427

Exit Student Demo X



James Snyder



To Do List

3

Events

Reminders

My Team

Survey/Forms

Shared Notes

5 Overdue To Dos (30+ Days)

1 Overdue!

December 2025

31st | Set/update Goal College

Not Done

2 Due within the Next Four Weeks!

January 2026

31st | Favorite Majors or Training Programs

Not Done

31st | Set/Update Post-Secondary Goal

Not Done

5 More To Dos Coming Up This Year

Show Remaining To Dos





STUDENT
Scores and Performance



No GPA found.
Unweighted GPA

No wGPA found.
Weighted GPA

ACT scores /36

[View your colleges' ACT stats →](#)

?

ACT Goal ⓘ

[Add ACT Goal score...](#)



?

PreACT Goal ⓘ

[Add PreACT Goal score...](#)



[Add ACT score...](#)

[Register for the ACT](#)

AP Test scores

No AP scores found.

SAT scores /1600

[View your colleges' SAT stats →](#)

?

SAT Goal ⓘ

[Add SAT Goal score...](#)



?

PSAT Goal ⓘ

[Add PSAT Goal score...](#)



[Add SAT score...](#)

[Register for the SAT](#)

Other scores



STUDENT
Home



Here's what's happening 📈

Check out this Scholarship!

Kevin Kamenetz Scholarship
Deadline: March 2, 2026

Central Scholarship

Events

Opportunity Board

Experience Tracking

Programs

Deadline: March 2, 2026

Central Scholarship

Check out this Scholarship!

Goodwin Baltimore Polytechnic Institute Alumni Scholarship
Deadline: March 2, 2026

Central Scholarship

Check out this Scholarship!

Charles Green Family Foundation

Exit Student Demo X



James Snyder



To Do List 3 Events Reminders My Team Survey/Forms Shared Notes

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5 More To Dos Coming Up This Year

Show Remaining To Dos



COLLEGE
School Search

[Exit Student Demo](#)



James Snyder



School search

Favorites & lists

Admission stats

Final list

College applications

Enrollment decision

Search schools

Search for a location, school, or program...

List Split Map

Sort by

Applications from District

Filter by

School Type **2** Campus Admissions Acceptance Sports Degree Type Other

Virginia Public Private

79 Schools



Virginia Tech

Blacksburg, VA | Public



University of Virginia-Main Campus

Charlottesville, VA | Public



James Madison University

Harrisonburg, VA | Public



George Mason University

Fairfax, VA | Public



Virginia Commonwealth University

Richmond, VA | Public



William and Mary

Williamsburg, VA | Public



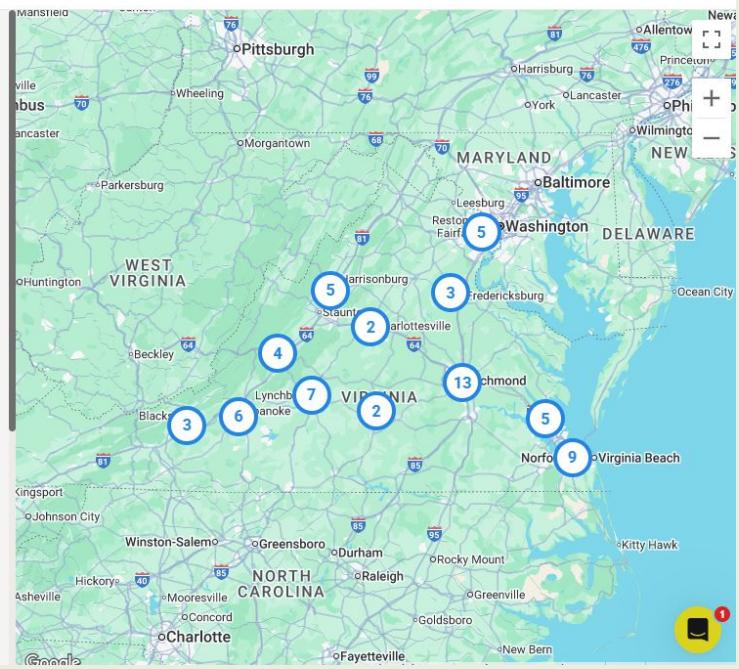
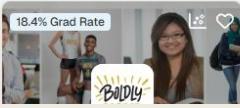
Old Dominion University

Norfolk, VA | Public



Christopher Newport University

Newport News, VA | Public

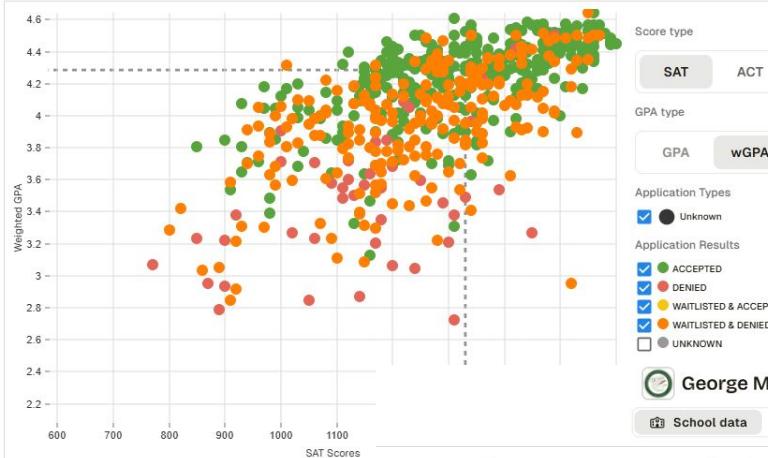


[School data](#) [District data](#) [?](#)

Scattergram

Acceptance by GPA

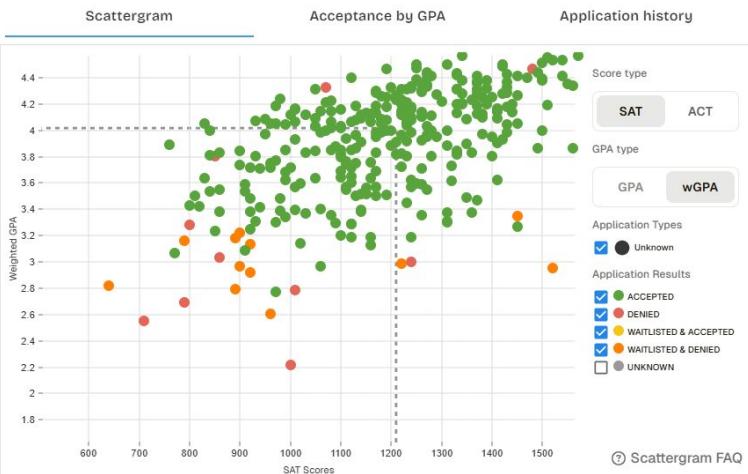
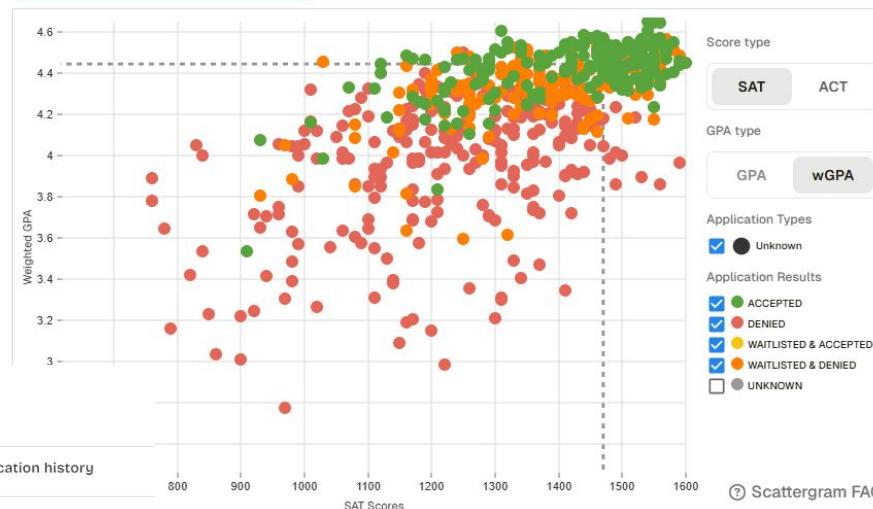
Application history


[School data](#) [District data](#) [?](#)

Scattergram

Acceptance by GPA

Application history





Prepping for Success

Beyond the Classroom

Creating a Resume/Portfolio

- *Academic and extracurricular awards and recognitions*
- *Volunteer, internships, paid work, summer enrichment programs*
- *Activities, membership in clubs and positions held*



[Exit Student Demo](#) Troy Villa

Troy Villa Class of 2029 | Washington-Liberty High School

[+ Add preferred name](#)[+ Add pronouns](#) Add cover photoWrite a headline Write an objective Public profile [+ Add social accounts](#) About me My story Experience Bragging rights Academics Portfolio Credentials My videos References  My Story

Post-Secondary Goal



No future path chosen

Career Goal



No career chosen

College Goal



No college chosen

Major/Training Goal



No major/training chosen

[Change goals →](#)

My strengths

[+ Add](#)

You have not added anything yet

Click the button to add

Things I'm proud of

[+ Add](#)

You have not added anything yet

Click the button to add

My interests & hobbies

[+ Add](#)

Prepping for Success

Things to Consider:

- *Rigorous courses (AP/IB, Dual-Enrollment courses - potential for college credit)*
- *Meeting with counselor to review high school graduation requirements*
- *Maintain good grades & challenge self academically*
- *Summer school*
- *Testing - PSATs, SAT, ACT*



Understanding the Transcript

Student Name			Arlington Public Schools Secondary School Transcript			School Name/Address Washington-Liberty High School 1301 N Stafford Street Arlington, VA 22201		
Perm ID	State ID	Grd	Gen			Phone	Tel: 703-228-6200 Fax: 703-524-9814	
Date of Birth			Diploma Type			Alternate School Number: 0080		
Home Address			Graduation Date			Enter Date: 09/05/2012		

Course Title	Mark	Cred Cmp	VC	Course Title	Mark	Cred Cmp	VC	Graduation Requirements - Credit Summary		
Swanson Middle School	703-228-5500			Washington-Liberty High School	703-228-6200			Subject Area		
5800 Washington Boulevard, Arlington, VA, 22205				1301 N Stafford Street, Arlington, VA, 22201				Elective	4.00	7.00
Mem: 170.0	Abs: 1.0	Prs: 169.0		Mem: 177.0	Abs: 1.0	Prs: 175.0		English	4.00	3.00
Yr: 2020-2021 Term: YR Grade: 07				W	Int Whs/Geo to 1500	B+	1.00	Econ & Personal Finance	1.00	1.00
Spanish I	B	1.00		Spanish III	B	1.00		Finance	2.00	2.00
Cred Cmp: 1.00				Cred Cmp: 7.00				World Lang or Fine Art & C/P		
Swanson Middle School	703-228-5500			Washington-Liberty High School	703-228-6200			Health & PE	2.00	2.00
5800 Washington Boulevard, Arlington, VA, 22205				1301 N Stafford Street, Arlington, VA, 22201				History & Social Science	3.00	2.00
Mem: 169.0	Abs: 0.0	Prs: 169.0		Mem: 174.0	Abs: 3.0	Prs: 171.0		Laboratory	3.00	3.00
Yr: 2021-2022 Term: YR Grade: 08				Yr: 2022-2023 Term: YR Grade: 09				Mathematics	3.00	3.00
World Geography	C	1.00	1.00	Algebra II	A	1.00		TOTALS	22.00	23.00
Cred Cmp: 1.00				Economics & Personal Finance	A	1.00		0.00		2.00
Washington-Liberty High School	703-228-6200			English 11, Dual Enrollment	B	1.00	2.00	Graduation Requirements - Verified Credit		
1301 N Stafford Street, Arlington, VA, 22201				Entrepreneurship	A	1.00				
Mem: 175.0	Abs: 2.0	Prs: 173.0		Intro to Business & Marketing	A	1.00		Discipline	Regd	Compl
Yr: 2022-2023 Term: YR Grade: 09				Physics/Earth Science	A	1.00	Needed			
Algebra I	A	1.00	1.00	Principles of Physics	B	1.00				
Biology	A	1.00	1.00	US & VA Hist	B	1.00				
Computer Graphics	A	1.00		Cred Cmp: 7.00						
Chem Ed/Env/Instlhd	P	0.00		VC: 2.00						
English 9	A	1.00		Washington-Liberty High School	703-228-6200					
Health & P/E I	A	1.00		1301 N Stafford Street, Arlington, VA, 22201						
Spanish II	A	1.00		Work In Progress - Summary						
W/Hist/Geo:1500 AD-present	B	1.00		Course Title						
Cred Cmp: 7.00				African American Studies	A	B		Graduation Requirements - Test History		
Washington-Liberty High School	703-228-6200			Math	M	M		Test Name	Admin Dr	Result
1301 N Stafford Street, Arlington, VA, 22201				MPH	MPF	SEM		Test Name	Admin Dr	Perf Lvl
Mem: 177.0	Abs: 1.0	Prs: 176.0		Eng 12 APLT	B+			CPR	06/18/2003	Passed
Yr: 2023-2024 Term: YR Grade: 10				Precalculus/Trigonometry	E	B+		ACT, SAT & CTE Industry Credentials		
Earth Science	B+	1.00						Test Name	Admin Dr	Score
English 10 Inter	B	1.00						SAT	06/07/2025	1080
Geometry	B+	1.00						SAT I Superscore		
Gourmet Foods Intro/Culn Arts	A	1.00								
Health & P/E II	A	1.00								

Continued on next column

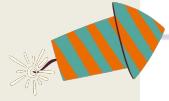
HW = Advanced Fine Arts	W = AP, IB, Dual Enrollment	IN = Intensified	R = Repeated																		
<p>Arlington Public Schools Virginia School Division Code is 007. The Virginia School Code is displayed in the top right box labeled Alternate School Number. The Enter Date listed is the student's initial enter date with Arlington Public Schools. However, the student may not have been enrolled continuously.</p> <p>An additional 1.0 quality point is earned for College Dual Enrolled, AP, and IB courses. An additional 0.5 quality point is earned for certain advanced Fine Arts courses. Intensified courses do not receive an additional quality point.</p> <p>When a student has repeated a course, the lowest grade earned is not calculated in GPA. If the repeated course grade is the same as the original grade, only one course grade is calculated in GPA.</p> <p>When a student withdraws from a course after deadline a mark of W is issued. This is not calculated in GPA.</p>																					
<p>GPA/Rank Summary</p> <table border="1"> <tr> <td>High School GPA</td> <td>3.6087</td> </tr> <tr> <td>Credits Attempted</td> <td>23.000</td> <td>Earned</td> <td>23.000</td> </tr> <tr> <td>Class Rank</td> <td>367</td> <td>Based on GPA</td> <td>3.6087</td> </tr> <tr> <td>Class Size</td> <td>658</td> <td>Calculated</td> <td>10/28/2025</td> </tr> <tr> <td>Completed Semesters</td> <td>6</td> <td></td> <td></td> </tr> </table>				High School GPA	3.6087	Credits Attempted	23.000	Earned	23.000	Class Rank	367	Based on GPA	3.6087	Class Size	658	Calculated	10/28/2025	Completed Semesters	6		
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A stylized illustration of a graduate with teal curly hair and a purple graduation cap. They are wearing a purple graduation gown over a yellow shirt. They are holding a white diploma with a blue ribbon in their right hand and have their left hand on their hip. The background is a large orange circle on a yellow background.

Testing

Digital SAT



FORMAT



COMPUTER

SECTION ADAPTIVE

MODULE 1 → MODULE 2-EASY
MODULE 1 → MODULE 2-HARD

Difficulty of Module 2 depends on performance on Module 1.

QUESTION FORMAT



MULTIPLE CHOICE

4 answer choices Math section only



STUDENT-PRODUCED RESPONSE

Math section only

TIME PER QUESTION



READING & WRITING



MATH

SCORING

1600

Reading and Writing | 200-800

Math | 200-800

Total Score | 1600-1600

READING PASSAGES



54 SHORT PASSAGES

1 question per passage

STRUCTURE

98
Questions

2 hr 14 min

2 hr 55 min

215
Questions

3 hr 35 min with essay

64
min

Reading & Writing Module 1

27 Questions

Reading & Writing Module 2

27 Questions

70
min

Math Module 1

22 Questions

35
min

Math Module 2

22 Questions

32
min

10 min
break

35
min

15 min
break

English

75 Questions

45
min

Math

60 Questions

60
min

Reading

40 Questions

35
min

Science

40 Questions

35
min

FORMATS



PAPER



COMPUTER
(International Testing)

ACT



INCREASING QUESTION DIFFICULTY



For Math and Science sections only



MULTIPLE CHOICE

4 answer choices: English, Reading, Science
5 answer choices: Math

TIME PER QUESTION



ENGLISH READING MATH SCIENCE

SCORING

36

English | 1-36 Reading | 1-36

Math | 1-36 Science | 1-36

Composite Score | 1-36

OPTIONAL WRITING TEST



1 PROMPT WITH 3 PERSPECTIVES

40 minutes | Scoring: 2-12

Testing Prep & Info:

- *Many students will try both SAT & ACT to see which prefer*
- *Khan Academy - provides great test prep for SAT*
- *Score reports (if need assistance must contact test website):*
 - *PSAT & SAT - visit Collegeboard.org*
 - *SAT scores available within days after test*
 - *ACT - visit ACT.org*
 - *ACT scores available with 2 weeks after test*
- *Test-optional*



SAT Testing Dates:

Saturday, March 14, 2026

Saturday, May 2, 2026

Saturday, June 6, 2026

Saturday, August 15, 2026*

Saturday, September 12, 2026*

Saturday, October 3, 2026*

Saturday, November 7, 2026*

ACT Testing Dates:

APRIL 11
April ACT
Register by March 8
Late registration*: March 24
Scores released: April 21
[Register Now →](#)

JUNE 13
June ACT
Register by May 8
Late registration*: May 29
Scores released: June 23
[Register Now →](#)

JULY 11
July ACT
Register by June 5
Late registration*: June 24
Scores released: July 21
[Register Now →](#)

*Late Registration Fees Apply
**No test centers are scheduled in New York for the July test date

**WL CEEB
Code:
470125**

2026-2027 National Test Dates Schedule

Test Date	Regular Registration Deadline (Late fee applies after this date.)	Late Registration Deadline
September 19, 2026	August 14	September 1
October 17, 2026	September 11	September 29
December 12, 2026	November 6	November 29
February 27, 2027	January 22	February 9
April 10, 2027	March 5	March 23



Junior Year

Junior Year Timeline

Meet with school counselor and/or college and career counselor to discuss post-secondary plans

1

Make list of colleges & visit virtually or in person in spring & summer.

2

Register for ACT/SAT, if you plan to submit scores

3

Follow up with counselor if you have more ?s about college process.

Finish 11th grade strong!!

5

Complete BRAG Sheets and turn into counselor before summer.

6

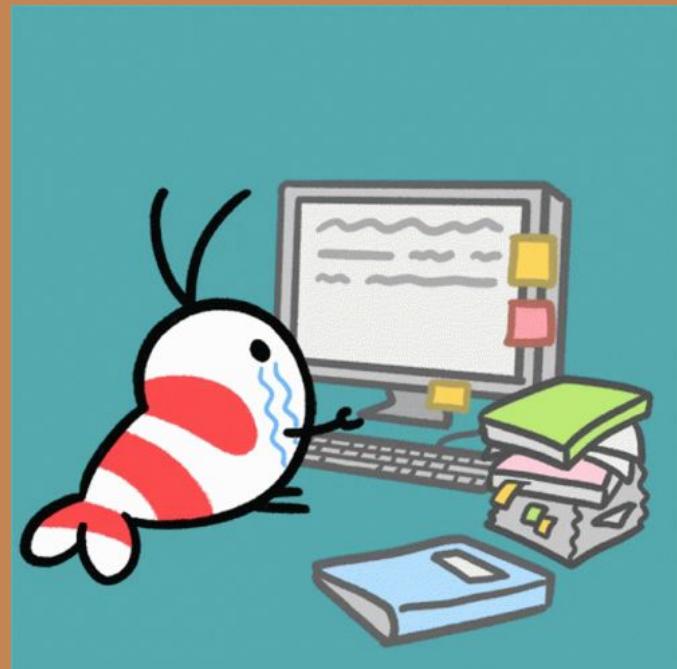
Summer: Start Common App, work on college essays, and build resume

7



Researching Colleges & Majors

- *Decide on important factors*
- *Begin to collect information*
- ***Factors to Consider :***
 - *Size*
 - *Geographical area*
 - *Type of setting*
 - *(city, urban, rural)*
 - *Cost*
 - *Extracurricular activities*



Upcoming Deadlines

- *Drop middle school classes (Priority deadline May 15, 2026)*
- *Drop ACT/SAT scores (early fall)*
- *Submit brag sheets (May 29, 2026)*





Senior Year

Fall Senior Timeline

Narrow college choices,
attend college fairs,
& meet with college
representatives

1

Mindful of Deadlines
Time management is key, especially for
early action/early decision deadlines
(Oct 15-Dec 1)

3

September:
Come to Senior Night

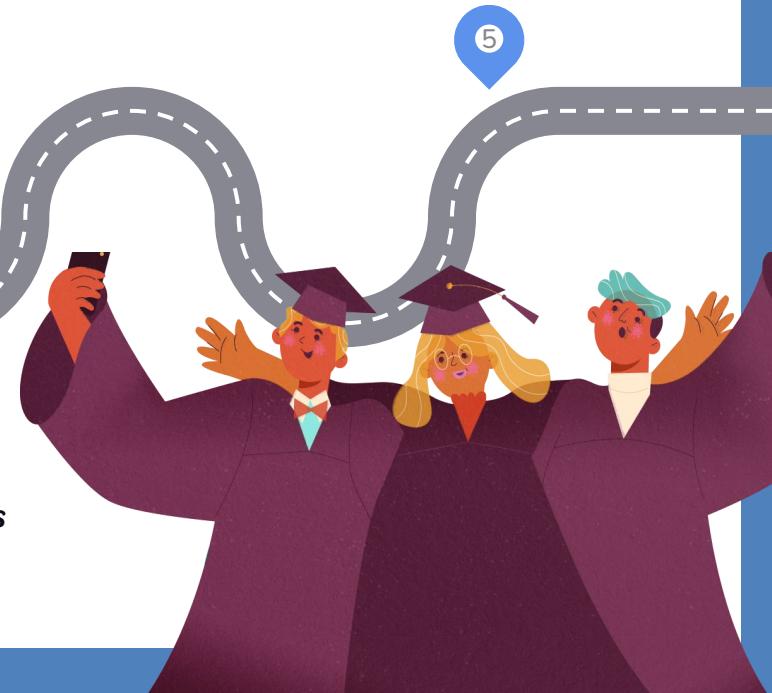
2

October:
FAFSA opens

4

Communicate, Communicate!
Stay in communication with
counselors and parents

5



College Application Timeline

THE COMMON
APPLICATION

EARLY ACTION TIME FRAME: (OCT-DEC)
REGULAR ADMISSION TIME FRAME: (JAN-FEB)

ACT®

CollegeBoard

SAT®



Link Common App & Naviance

Your Common Application will get linked to Naviance. We will send Coalition schools through Naviance but there is no linking.



Add Colleges

To your Naviance account, Common Application, and/or Coalition Application



Request Teachers

For your Letter of Recs. Ask in-person first, then add them to your Naviance account



Fill out Transcript Request Form

one per college, minimum 15 school days in advance of a deadline. You do not have to have submitted your application to submit a request



Submit your Applications & Official Test Scores

If applicable, many colleges are test-optional. This is the responsibility of the student



CHECK YOUR INDIVIDUAL COLLEGE DEADLINES!

Pro tip - Submit your application 24-48 hours in advance of deadline

Winter/Spring Senior Timeline

Finalize college applications & research and apply to scholarships

READ EMAILS from colleges & respond promptly

May 1 - notify the college you will attend and send in your deposit



Senior Year Opportunities

- *Urban Alliance is an organization that offers paid internship opportunities for Seniors.*
- *Risings Seniors must have General's Flex Periods in the afternoon in order to participate.*
- [**CCRV \(USGS\)**](#)



- *More options guidebook*

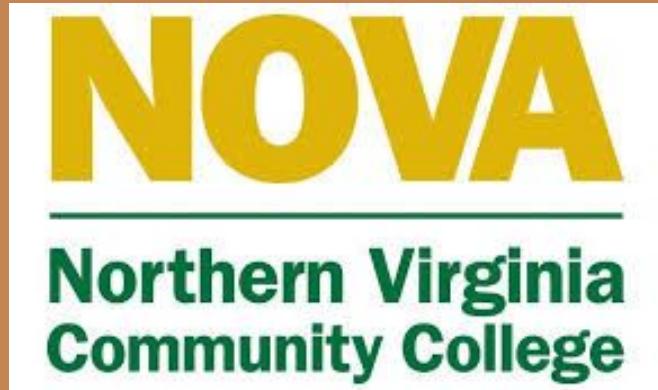




Additional Options

Community College

- *Northern Virginia Community College (NVCC)*
- *Associate Degree*
- *Career Certificates*
- *Non-Degree Seeking Options*



Gap Year

- *Different reasons to justify a gap year*
- *Well thought-out decision*
- *Know the pros and cons for you*
- <https://www.gooverseas.com/gap-year/usa-fairs/schedule>



Work

- **Workforce** - *entering a job right away*
 - Visit www.vec.Virginia.gov for support in the job seeking process
- **Job Corps** - *free education and vocational training*
 - <https://www.jobcorps.gov/>
- **Apprenticeships** - *on-the-job training*
 - <https://www.doli.virginia.gov/registered-apprenticeship/>



Structured Options

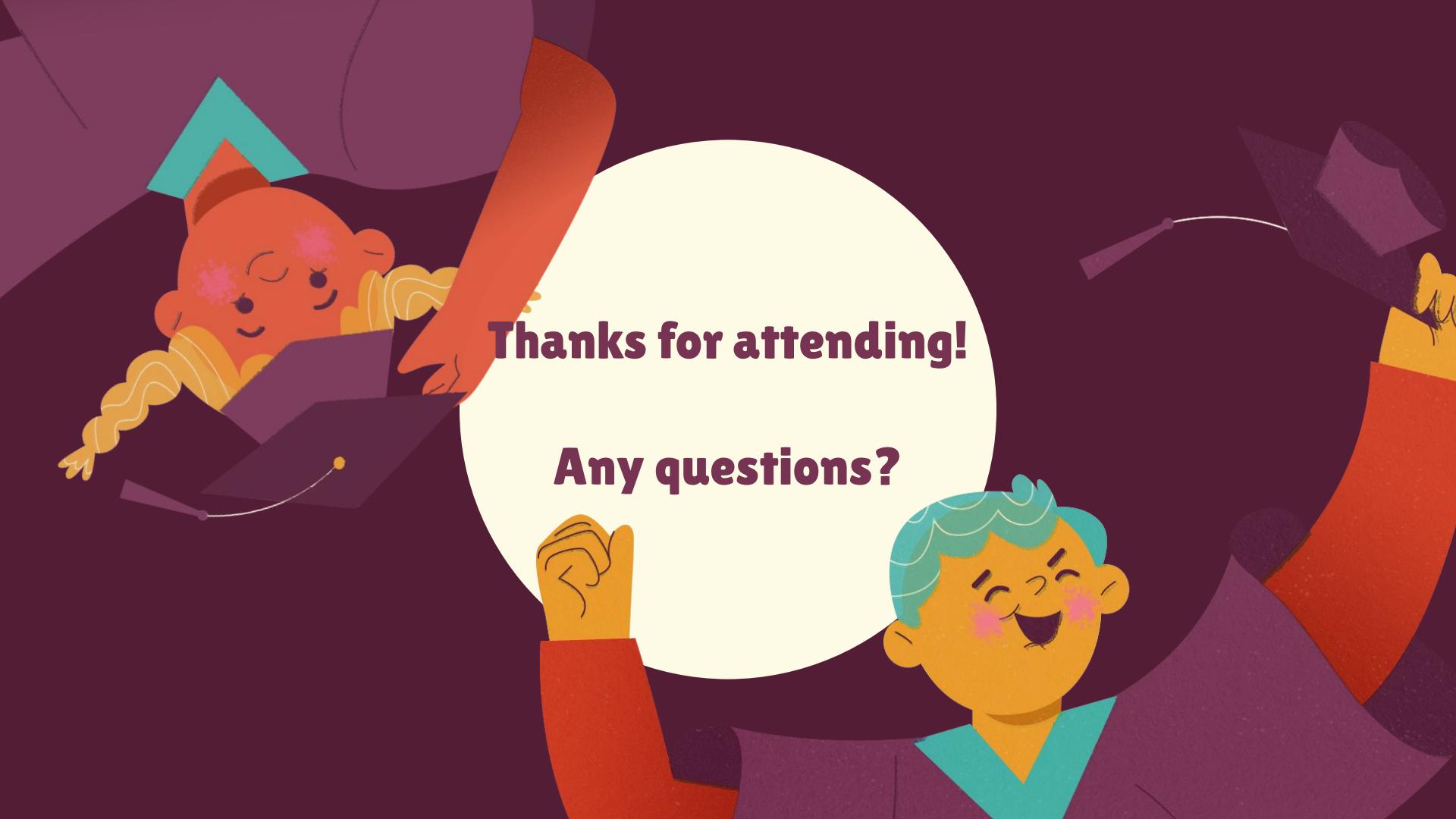
- *Apprenticeships*
- *City Year*
- *Job Corps*
- *Year Up*



Military

- *Serious decision*
- *Armed Services Vocational Aptitude Battery (ASVAB) Test is a requirement*
- *Must be at least 17*
- *Must have a high school diploma or equivalent*





Thanks for attending!

Any questions?